## education session

# **Animal Restraint**

What are the considerations when needing to restrain an anima

#### **Animal Care**

### **Learning Outcomes:**

At the end of the session:

- ✓ **All students** will understand the variety of animal restraint methods.
- Most students will understand specific equipment required depending on species.
- **✓ Some students** will recognise the different factors which can dictate the best method of restraint.

#### **Session Outline:**

The session begins by examining two main methods of animal restraint: physical restraint and chemical immobilization. It covers reasons for restraint, key factors, general guidelines, and important considerations. The focus then shifts to physical restraint, discussing various methods and equipment, including hand restraint and specific techniques for bird restraint, using a flamingo catch-up case study as an example. Chemical immobilization is explored with an elephant sedation video to illustrate the process. Pros and cons of both restraint methods are discussed with student input. The session concludes with how training can reduce the need for restraint by allowing basic health checks. The second half includes a zoo tour to observe real-world examples and have the opportunity to ask questions to animal keepers.



#### **Curriculum Links**

- Physical restraint
- Chemical restraint
- Crush cage
- Non-contact
- Training wall
- Injection training
- Crate training

